 **HEALTH INSURANCE**

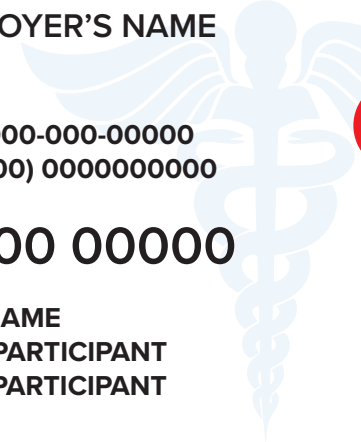
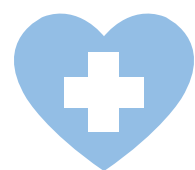
1 YOUR EMPLOYER'S NAME
PPO PLAN

2 GROUP: 000000-000-00000
ISSUER: (00000) 0000000000

3 ID 00000 00000

4 01 MEMBER NAME
02 COVERED PARTICIPANT
03 COVERED PARTICIPANT

5 PCP \$ 20.00
SPC \$ 30.00
ER \$ 100.00
UC \$ 30.00





WORLD CAMPUS.PSU.EDU PAYER NUMBER 00000 0000

The primary care physician copay is for any primary care doctor in the network. The specialist copay is for all other doctors in the network. Referrals are not required. However, some services may also require precertification. Without preapproval, you may pay more or even full price. To precertify, call the member or provider number listed. **For mental health or substance abuse preapproval or coverage questions, call 1-800-000-0000.**

See your plan documents for information on your plan requirements. In an emergency, call 911 or go to the nearest emergency room. NOTE: This card does not guarantee coverage. Vendors and their products are not affiliated with, sponsored by, or administered by Insurance Company Name.

6

7  Lab Provider Name
psu.welltrack.com
1-888-555-1234

INSURANCE COMPANY NAME
ADDRESS
CITY, STATE, ZIP CODE

MEMBER SERVICES PROVIDERS CALL **8** 1-555-555-5555
1-800-555-0000



Using your insurance card to obtain mental health services

Health insurance plays an important role in determining how and where you can obtain mental health services — as well as your level of financial responsibility.

While this example may not look exactly like your insurance card, it should still provide guidance for locating important information that you may need to share with a case manager or service provider. If you'd like to schedule an appointment to discuss mental health treatment options with a case manager from Penn State, use the password "WCCMforms" to access the [scheduling form](#).

- 1** Type of plan
- 2** Group and issuer number
- 3** Member ID
- 4** Name of member and other covered participants
- 5** Fees for specific types of services
- 6** Contact information for questions related to mental health services
- 7** Preferred laboratory providers
- 8** Customer service contact number



If you are experiencing a mental health crisis and require immediate assistance, you can call:

- **911** (emergency services)
- **1-877-229-6400** (Penn State Crisis Line)
- **1-800-273-8255** (National Suicide Prevention Line)

You can also text **"LIONS"** to **741741** (24/7 Crisis Text Line).